

# KIWANIS RUN JUMP THROW T&F MEET

Medicine Hat Rotary Track – **Friday, June 13<sup>th</sup>, 2025**

4:00 p.m. – 9:00 p.m.

Location: 1501 Division Ave N – behind Crescent Heights High School

**Please note: ENTRY DEADLINE is WED, June 11, 2025**

**Email entry to Meet Director, Marg Derbyshire at [mderb@shaw.ca](mailto:mderb@shaw.ca)**

**No prior track experience required – entry is Free!**

**REGISTRATIONS WILL NOT BE ACCEPTED ON THE DAY OF THE MEET**

**This is a grass-roots track meet. Starting blocks and shoes with spikes are not allowed.  
Concession will be available. Please bring your own water bottles, fill-up stations available.**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Phone \_\_\_\_\_ Parent Email \_\_\_\_\_

Birthdate: Yr \_\_\_\_\_ Mo. \_\_\_\_\_ Day \_\_\_\_\_ ☐ Male ☐ Female

School \_\_\_\_\_ Age this year (as of Dec 31, 2025) \_\_\_\_\_

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Participants can enter either “two track and one field” or “two field and one track event”.

**Register in the category for your age on THIS YEAR’S BIRTHDAY**

**CIRCLE THE EVENT NUMBERS**

**Boys / Girls 7- 8 years old (Born in 2017-2018)**

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

**Boys / Girls 9-10 years old (Born in 2015-2016)**

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

**Boys / Girls 11-12 years old (Born in 2013-2014)**

1. 100 Metre Dash
2. 200 Metre Dash
3. 400 Metre Dash
4. 800 Metre Dash
5. Running Long Jump
6. Softball Throw

**Boys / Girls 13-14 years old (Born in 2011-2012)**

1. 100 Metre Dash
2. 200 Metre Dash
3. 800 Metre Dash
4. 1600 Metre Dash
5. Running Long Jump
6. Softball Throw

**NOTE:** If time permits, RELAYS will be held at the end of the Meet. Registration for Relay teams will happen the day of the Meet. Teams must register by 7:00 pm.

**Emergency Information: Please indicate any medical conditions / contact #'s**

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