

NOTRE DAME ACADEMY FIELD TRIP CONSENT FORM

In our classrooms this year we would like to enrich our student's learning experience by going on an excursion(s) that will take us off of the school property. If order to do this we need your permission allowing your child to participate. Below is a list of possible trips that we may take and some important information.

Additional information may be communicated by the teacher before the field trip occurs.

| Activity | Field Trip Location | Date and schedule | Educational Connection | Potential Risk of Injury | Additional items needed | Travel Arrangements | Additional Costs to parents |
|---|---|--------------------------------------|--|--|--|----------------------------------|---|
| | | | Consent for Genera | al School Activities – Grades 6 - 9 | | | |
| Mass Celebrations/ Faith Formation Activities | Holy Family Parish St. Patrick's Church | Ongoing throughout year | Catholic Faith Formation and Education Mass, Celebrations, and Faith Formation Activities | Trip, fall, sprains, traffic/pedestrian accidents | Dress Appropriately for walking and weather | Walking or bus transportation | None |
| Bowling | Panorama Lanes | Dates TBA | Physical Education | Sprained/broken toe, foot, ankle, knee, wrist, finger or shoulder. Concussion, slip on lane | None | Bus Transportation | None |
| Swimming | Echodale or City of Medicine Hat Facility | TBA (parents will be notified prior) | Physical Education | Slip on wet surfaces, drowning, traffic/pedestrian accident | Towel, swim wear Parents may decide to provide life jackets | Bus Transportation | None unless teacher organizes additional swim times outside of Kinsmen Schedule |
| Tobogganing | Southridge Hill | TBA (parents will be notified prior) | Physical Education | Slip on sidewalks, ice, hill terrain may cause sprained/broken ankle, knee, wrist, fingers or shoulder. Possible concussion. | Helmets and proper winter attire. | Walk or Bus Transportation | None |
| Skating | City of Medicine Hat Facility | TBA (parents will be notified prior) | Physical Education | Slip on ice or uneven ground which may cause a sprained/broken ankle, knee, wrist, fingers or shoulders, scrapes, cuts, and/or concussion. | Skates (if hockey or ringette is incorporated, regular equipment is mandatory) | Bus Transportation or walking | None |
| Fine Arts Performance/Tours | Monsignor McCoy Esplanade, MH College Local Theatre Facilities | TBA (parents will be notified prior) | Drama and Music areas of the Fine Arts curriculum, Social Studies | Trip, fall, sprains, traffic/pedestrian accidents | None | Walking or bus transportation | None |
| NDA Track and Field | Crescent Heights High School | TBA (parents will be notified prior) | Physical Education | Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents | PE Clothing | Bus Transportation | None |
| NDA Blue/Gold Day | MH Cypress Centre, FLC | TBA (parents will be notified prior) | Opening Activity | Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents, risks associated to swimming & skating | None | Bus Transportation | None |
| DPA Walk/City Walks | Excursions within close proximity of school property or other planned activities within city boundaries | Ongoing throughout the school year | Daily Physical Activity requirements | Falls/accidents associated with playground equipment, trip, fall, traffic/pedestrian accident | None | Walking | None |
| NDA Option Program | Excursions within close proximity of school property | Ongoing throughout the school year | Option Program | Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents | None | Walking | None |
| | • | <u> </u> | Gı | rade 6 Activities | | • | <u> </u> |
| Courthouse | Provincial Courthouse | TBA (parents will be notified prior) | Social Studies curriculum | Trip, fall, traffic/pedestrian accidents | Dress appropriately for walking and weather | Bus transportation | None |
| Dinner and Movie | Medicine Hat Mall and Cineplex | TBA (parents will be notified prior) | Year End Activity | Trip, fall, food poisoning, bodily harm, traffic/pedestrian accidents, lost in mall, abduction | None | Bus transportation | Approximately \$5 per student |

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|---|---|--------------------------------------|---|---|---|------------------------|--|--|--|
| Good Sam's visit | Good Samaritan's | TBA (parents will be notified prior) | Religion – Connecting with the community | Trip, fall, traffic/pedestrian accidents | Dress appropriately for walking and weather | Walking | None | | |
| Christmas Service Project | Walmart | TBA (parents will be notified prior) | Religion – Christmas Service project | Trip, fall, bodily harm, traffic/pedestrian accidents, lost in store, abduction | None | Bus Transportation | To be communicated by teacher | | |
| Grade 7 Activities | | | | | | | | | |
| Solar Farm, Power Plant, Wind Farm | Solar Farm, Power Plant, Wind Farm | Dates – TBA | Science 7 – Environmental Education | Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents | Shoes and pants (no flip flops or shorts) | Bus and walking | None | | |
| Dinner and Movie | Medicine Hat Mall and Cineplex | End of Year – June | Film study Culinary arts | Trip, fall, food poison, traffic/ pedestrian accident (in parking lot), lost in mall, abduction | | Bus transportation | Money for food court, minimal cost to cover expenses | | |
| Community Clean Up | Southridge area by NDA | Ongoing throughout the year | Science – Environmental Service project – Religion | Trip, fall, sprains, insect bites, scrapes, bruises, vehicle accident, pedestrian accidents | Gloves, garbage bags | Walking | None | | |
| Snow shoveling | Southridge area (community) | November to February | Service project – Religion 7 | Trip, fall, sprains, broken bones, frost bite, pedestrian accident, slipping | Winter dress (gloves, head gear) | Walking | None | | |
| Prairie Gleaners | Prairie Gleaners | Dates – TBA | Service Project – Religion 7 | Trip, fall, sprains, cuts, traffic/pedestrian accident | None | Bus transportation | None | | |
| Book Buddies | Southridge Park, St. Patrick's School | Dates – TBA | Service Project – Religion 7 | Trip, fall, sprains, broken bones, bites, stings, pedestrian accident | Blankets | Walk | None | | |
| | | | Gr | rade 8 Activities | | | | | |
| Industrial Arts, CTS, Electrical Program, Exploratory Programs | Medicine Hat College, Dunmore Dugout, Panorama, YMCA, FLC, Badlands | Ongoing | Option – Gr 8 | Traffic/pedestrian accident, cuts, scrapes, loss of finger, eye injury, shock, burns, sprains, broken bones, concussions, insect/snake bites, lightning strike, dehydration, sun burn, heat stroke, slip on wet surface, drowning | Appropriate dress | Bus transportation | None | | |
| Grocery Store Tour | Local grocery stores | 1 time per exploratory rotation | Food security | Adduction, trip or fall, traffic/ pedestrian accidents | None | Bus transportation | None | | |
| Dinner and Movie | Medicine Hat Mall and Cineplex | Year End | Reward | Traffic/pedestrian accident, trip, fall, food poisoning, choking, lost in mall, abduction | None | Bus transportation | Minimal cost to cover expenses | | |
| Cosmetology – Fresh | Fresh – Medicine Hat (13 th Ave) | 3 trips | Option – Gr 8 | Choking, food poisoning, trip, fall, traffic/pedestrian accident | None | Walking | Minimal cost to cover lunch | | |
| Cosmetology – Yoga | Yoga/Reg's Meats Southridge Area | Ongoing Semester | Option – 8 Physical Education, healthy Eating | Trip, falls, traffic/pedestrian accidents, muscle strain, choking | None – P.E. clothing | Walking | Money for lunch and to cover the cost for activity | | |
| Snow shoveling | Southridge area (community) | November to February | Service project | Trip, fall, sprains, broken bones, frost bite, pedestrian accident, slipping | Winter dress (gloves, head gear) | Walking | None | | |
| Grade 9 Activities | | | | | | | | | |
| Foods/Grocery Shopping | Local grocery store | Once per exploratory rotation | Exploratory – 9 Food planning, meal planning | Trip, fall, traffic/pedestrian accidents with travel, abduction | None | Bus transportation | None | | |
| Industrial Arts (CTS), Electrical Program, Exploratory Programs | Medicine Hat College, Dunmore Dugout, Panorama, YMCA, FLC, Badlands | Ongoing | Option – Gr 9 | Traffic/pedestrian accident, cuts, scrapes, loss of finger, eye injury, shock, burns, sprains, broken bones, concussions, insect/snake bites, lightning strike, dehydration, sun burn, heat stroke, slip on wet surface, drowning | Appropriate dress | Bus transportation | None | | |

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|--|--|--|--|--|---|----------------------------------|-----------------------------|
| Rec Ed Option — Tennis, Bowling, Snowshoeing, Horseshoes, Fishing, Pickleball, Racquet Ball | Police Point Park, Southridge pit, MH College, Kin Coulee, Ross Glen Courts, YMCA, Panorama Lanes, Badlands | Dates – TBA | Option Program | Trip, fall, sprains, broken bones, burns, scrapes, cuts, slipping, concussion, traffic/ pedestrian accidents, risks associated with swimming | None | Walking or Bus Transportation | None |
| MH College Career Fair | Medicine Hat College | 1 time per year | Future planning, high school course planning | Trip, fall, traffic/pedestrian accidents | None | Bus transportation | None |
| PARTY Program | Medicine Hat Hospital | Each class, once per year | | Trip, fall, traffic/pedestrian accidents | Bagged lunch | Bus transportation | None |
| Cosmetology | Fresh/Winners | Ongoing (1 time per semester) | Option - Cosmetology 9 | Trip, fall, slipping, traffic/ pedestrian incident, choking | Money for lunch | Walking | Money for student lun |
| МсСоу | Cosmetology/orientation | Ongoing | Orientation/ Cosmetology | Trip, fall, traffic/pedestrian accidents | None | Bus transportation | None |
| Gr 9 Service Project | St. Patrick's School | Dates – TBA | Religion | Trip, fall, traffic/pedestrian accidents | None | Walking | None |
| Snow shoveling | Southridge area (community) | November to February | Service project | Trip, fall, sprains, broken bones, frost bite, pedestrian accident, slipping | Winter dress (gloves, head gear) | Walking | None |
| | | Field Tri | p Consent for | Sports Academy Programi | ming | | <u>.</u> |
| ndoor Soccer | FLC, Field House, Moose Arena, Hockey Hounds | TBA (Students will be notified ahead of time) | Training & Physical Education | Sprained/broken ankle, knee, wrist or fingers. Concussion, rug burn. | CLEAN indoor shoes or indoor cleats | Bus Transportation | None |
| Swimming | City Pool Facilities | TBA (Students will be notified ahead of time) | Alternate activity (Physical Education) | Slip on deck or drown. Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | Swim wear, towel, A quarter for a locker if desired | Bus Transportation | None |
| Bowling | Panorama Bowling Alley | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken toe, foot, ankle, knee, wrist, fingers or shoulder. Concussion, slip on lane. | None | Bus Transportation | None |
| Dance | Southridge YMCA Gym and/or NDA Gym | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | None | None | None |
| Curling | Medicine Hat Curling Club, Redcliff Curling Club | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education | Sprains, strains, broken bones, concussions, contusions, lacerations | Inside shoes, warm clothing | Bus Transportation | Academy Instructors |
| Nutritionist | Foods Study Lab, local grocery stores | TBA (Students will be notified ahead of time) | Alternate Activity (Health) | Food allergy, cut fingers/hand. | None | None, bus or walking | None |
| Karate | Karate Do Academy | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | None | Bus Transportation | None |
| Fitness Training, Cardio Drumming, Yoga | Medicine Hat College, FLC, Temple Fitness, HIIT, 403 Fitness, Back Alley Fitness, Badlands Training Centre, Rebel Power Yoga, Wellness Solutions | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | Possible sun screen, proper footwear, water bottle | Bus Transportation | None |
| Wall Climbing/Spin Class/Racquet Ball/Wallyball | Medicine Hat YMCA, Kollectiv Cycle, Badlands Training | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | Proper footwear, water bottle | Bus Transportation | None |
| Tennis and Soccer Tennis | Southridge Tennis Courts/Medicine Hat Tennis Club | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | None | Walking or Bus Transportation | None |
| Floor Ball | Hockey Hounds or Moose Arena | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | None | Bus Transportation | None |
| Golf | Cottonwood GC, Paradise | TBA (Students will be | Alternate Activity (Physical | Sprains, broken bones, concussions, insect/snake | Sunscreen, bug | Bus Transportation | Academy Instructors |

bites, drowning, lightning strike, dehydration, sun

burn, heat stroke

spray, hat, water

bottle

notified ahead of time)

Education)

Valley, Desert Blume

| Activity | Field Trip Location | Date and schedule | Educational Connection | Potential Risk of Injury | Additional items needed | Travel Arrangements | Additional Costs to parents |
|--|--|---|---|--|---|-------------------------------|-----------------------------|
| Batting Cages and Mini Golf | Dunmore Dugouts, Hooplas | TBA (Students will be notified ahead of time) | Training and Alternate Activity | Sprains, broken bones, concussions, insect/snake bites, lightning strike, dehydration, sun burn, heat stroke | Sunscreen, bug spray, hat, water bottle | Bus Transportation | Academy Instructors |
| Ball Hockey & Lacrosse | Kinplex 1 and 2 | TBA (Students will be notified ahead of time) | Training and Alternate Activity | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. | None | Bus Transportation | None |
| Cycling | Strathcona, Kin Coulee | TBA (Students will be notified ahead of time) | Training and Alternate Activity | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion, car accident, lightning strike. | None | Bus Transportation | None |
| Indoor Golf and PE games | Field House / NDA Gym | TBA (Students will be notified ahead of time) | Training & Physical Education | Sprained/broken ankle, knee, wrist or fingers. Concussion, rug burn. | CLEAN indoor shoes | Bus Transportation | None |
| Public Skating | TBD (FLC, Moose, Kinplex) | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. Scrapes/cuts | Skates | Bus Transportation | None |
| Cross Country Skiing/ Snowshoeing | Police Point Park | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. Scrapes/cuts | Winter Outerwear | Bus Transportation | None |
| Sledge Hockey | TBD (FLC, Moose, Kinplex) | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion, scrapes/cuts | Helmet and skates | Bus transportation | None |
| Wheelchair Basketball | NDA Gym or YMCA | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprains, broken bones, contusions, lacerations, concussions | None | None | None |
| ВМХ | MH BMX Track | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken bones, concussion, scrapes/cuts | Long sleeves and pants | Bus transportation | None |
| Pickleball | Strathcona Tennis Courts | TBA (Students will be notified ahead of time) | Alternate Activity (Physical Education) | Sprained/broken bones, concussion, scrapes/cuts | Sunscreen, bug spray, hat, water bottle | Bus transportation or cycling | None |
| Amateur/ Professional Sporting event | MH City Facility/TBD | TBA (Students will be notified ahead of time) | Alternate Activity | Trip, fall, concussion, sprains, broken bones, bodily harm, traffic/pedestrian accidents, abduction. | None | None | None |
| Baseball/Softball Skills | Fieldhouse, Swanny's Baseball & Training Facility, Community baseball fields | TBA (Students will be notified ahead of time) | Training & Physical Education | Sprains, strains, broken bones, contusions, lacerations, abrasions, concussions | water bottle proper footwear | Bus Transportation | None |

The School will make every reasonable effort to ensure or ascertain that:

- 1. The staff, volunteers and/or service provided involved are suitably trained and qualified.
- 2. The students are adequately supervised over all aspects of the program activity.
- 3. The location(s) used are appropriate and safe for the activity(ies) and group.
- 4. Equipment used has been inspected and deemed appropriate and safe.
- 5. A Safety Plan is in place to identify and manage known potential risks.

CONSENT AND ACKNOWLEDGEMENT OF RISK

Destination/Activity/Program Date(s):

- 1. I accept the mode of transportation for this activity.
- 2. I acknowledge my right to obtain as much information as I require about this program or activity and associated risks and hazards, including information beyond that provided to me by the school or board.
- 3. I freely and voluntarily assume the risks/hazards inherent in the program/activity and understand and acknowledge that my child may suffer personal and potentially serious injury arising from his/her participation.
- 4. My child has been informed they abide by the rules and regulations, including directions and instructions from the school's and/or service provider's administrators, instructors, and supervisors over all phases of the program/activity.
- 5. In the event my child fails to abide by these rules and regulations, disciplinary action may require my child's exclusion from further participation, or that I be contacted to have my child picked up, unless I have specified other transport arrangements.
- 6. I acknowledge that it is my responsibility to advise the Lead Teacher of any medical and/or health concerns of my child that may affect their participation in the stated program or activity.
- 7. I acknowledge that the trip supervisors may secure transport to emergency medical services

I have read and consent to my child(s) participating in the field trips that pertain to their programming as outlined for this school year.

I am aware of any additional risks associated with each activity.