

KIWANIS RUN JUMP THROW T&F MEET

Medicine Hat Rotary Track – **Friday, June 10, 2022**

4:00 p.m. – 9:00 p.m.

Location: 1501 Division Ave N – behind Crescent Heights High School

Please note: ENTRY DEADLINE is TUE, June 7, 2022

Email entry to Meet Director, Marg Derbyshire at mderb@shaw.ca

No prior track experience required – entry is Free!

LATE REGISTRATIONS WILL BE ACCEPTED ON THE DAY OF THE MEET - \$5.00 charge

Concession will be available. Please bring your own water bottles.

Last Name _____ First Name _____

Address _____ City _____

Phone _____ Parent Email _____

Birthdate: Yr _____ Mo. _____ Day _____ ☐ Male ☐ Female

School _____ Age as of Dec 31, 2022 _____

Participants can enter **either** “two track and one field” **or** “two field and one track event”.
Please circle the events you wish to participate in at this meet.

Register in the category for your age on THIS YEAR'S BIRTHDAY

CIRCLE THE EVENT NUMBERS

Boys / Girls 7- 8 years old (Born in 2014-2015)

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

Boys / Girls 9-10 years old (Born in 2012-2013)

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

Boys / Girls 11-12 years old (Born in 2010-2011)

1. 100 Metre Dash
2. 200 Metre Dash
3. 400 Metre Dash
4. 800 Metre Dash
5. Running Long Jump
6. Softball Throw

Boys / Girls 13-14 years old (Born in 2008-2009)

1. 100 Metre Dash
2. 200 Metre Dash
3. 800 Metre Dash
4. 1600 Metre Dash
5. Running Long Jump
6. Softball Throw

NOTE: If time permits, RELAYS will be held at the end of the Meet. Registration for Relay teams will happen the day of the Meet. Please register by 7:00 pm.

Emergency Information: Please indicate any medical conditions / contact #'s