

## NOTRE DAME ACADEMY FIELD TRIP CONSENT FORM

In our classrooms this year we would like to enrich our student's learning experience by going on an excursion(s) that will take us off of the school property. If order to do this we need your permission allowing your child to participate. Below is a list of possible trips that we may take and some important information.

Additional information may be communicated by the teacher before the field trip occurs.

Activity	Field Trip Location	Date and schedule	Educational Connection	Potential Risk of Injury	Additional items needed	Travel Arrangements	Additional Costs to parents	
Consent for General School Activities – Grades 6 - 9								
Mass Celebrations/ Faith Formation Activities	Holy Family Parish St. Patrick's Church	Ongoing throughout year	Catholic Faith Formation and Education Mass, Celebrations, and Faith Formation Activities	Trip, fall, sprains, traffic/pedestrian accidents	Dress Appropriately for walking and weather	Walking or bus transportation	None	
Bowling	Panorama Lanes	Dates TBA	Physical Education	Sprained/broken toe, foot, ankle, knee, wrist, finger or shoulder. Concussion, slip on lane	None	Bus Transportation	None	
Swimming	Echodale or City of Medicine Hat Facility	TBA (parents will be notified prior)	Physical Education	Slip on wet surfaces, drowning, traffic/pedestrian accident	Towel, swim wear Parents may decide to provide life jackets	Bus Transportation	None unless teacher organizes additional swim times outside of Kinsmen Schedule	
Tobogganing	Southridge Hill	TBA (parents will be notified prior)	Physical Education	Slip on sidewalks, ice, hill terrain may cause sprained/broken ankle, knee, wrist, fingers or shoulder. Possible concussion.	Helmets and proper winter attire.	Walk or Bus Transportation	None	
Skating	City of Medicine Hat Facility	TBA (parents will be notified prior)	Physical Education	Slip on ice or uneven ground which may cause a sprained/broken ankle, knee, wrist, fingers or shoulders, scrapes, cuts, and/or concussion.	Skates (if hockey or ringette is incorporated, regular equipment is mandatory)	Bus Transportation or walking	None	
Fine Arts Performances	Monsignor McCoy Esplanade, MH College Local Theatre Facilities	TBA (parents will be notified prior)	Drama and Music areas of the Fine Arts curriculum	Trip, fall, sprains, traffic/pedestrian accidents	None	Walking or bus transportation	None	
NDA Track and Field	Crescent Heights High School	TBA (parents will be notified prior)	Physical Education	Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents	PE Clothing	Bus Transportation	None	
NDA Blue/Gold Day	MH Cypress Centre, FLC	TBA (parents will be notified prior)	Opening Activity	Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents, risks associated to swimming & skating	None	Bus Transportation	None	
DPA Walk/City Walks	Excursions within close proximity of school property or other planned activities within city boundaries	Ongoing throughout the school year	Daily Physical Activity requirements	Falls/accidents associated with playground equipment, trip, fall, traffic/pedestrian accident	None	Walking	None	
NDA Option Program	Excursions within close proximity of school property	Ongoing throughout the school year	Option Program	Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents	None	Walking	None	
Grade 6 Activities								
Courthouse	Provincial Courthouse	TBA (parents will be notified prior)	Social Studies curriculum	Trip, fall, traffic/pedestrian accidents	Dress appropriately for walking and weather	Bus transportation	None	
Dinner and Movie	Medicine Hat Mall and Cineplex	TBA (parents will be notified prior)	Year End Activity	Trip, fall, food poisoning, bodily harm, traffic/pedestrian accidents, lost in mall, abduction	None	Bus transportation	Approximately \$5 per student	

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Good Sam's visit	Good Samaritan's	TBA (parents will be notified prior)	Religion – Connecting with the community	Trip, fall, traffic/pedestrian accidents	Dress appropriately for walking and weather	Walking	None
Christmas Service Project	Walmart	TBA (parents will be notified prior)	Religion – Christmas Service project	Trip, fall, bodily harm, traffic/pedestrian accidents, lost in store, abduction	None	Bus Transportation	To be communicated by teacher
			Gı	rade 7 Activities			
Solar Farm, Power Plant, Wind Farm	Solar Farm, Power Plant, Wind Farm	Dates – TBA	Science 7 – Environmental Education	Trip, fall, sprains, broken bones, burns, cuts, slipping, traffic/ pedestrian accidents	Shoes and pants (no flip flops or shorts)	Bus and walking	None
Dinner and Movie	Medicine Hat Mall and Cineplex	End of Year – June	Film study Culinary arts	Trip, fall, food poison, traffic/ pedestrian accident (in parking lot), lost in mall, abduction		Bus transportation	Money for food court, minimal cost to cover expenses
Community Clean Up	Southridge area by NDA	Ongoing throughout the year	Science – Environmental Service project – Religion	Trip, fall, sprains, insect bites, scrapes, bruises, vehicle accident, pedestrian accidents	Gloves, garbage bags	Walking	None
Snow shoveling	Southridge area (community)	November to February	Service project – Religion 7	Trip, fall, sprains, broken bones, frost bite, pedestrian accident, slipping	Winter dress (gloves, head gear)	Walking	None
Prairie Gleamers	Prairie Gleamers	Dates – TBA	Service Project – Religion 7	Trip, fall, sprains, cuts, traffic/pedestrian accident	None	Bus transportation	None
Book Buddies	Southridge Park	Dates – TBA	Service Project – Religion 7	Trip, fall, sprains, broken bones, bites, stings, pedestrian accident	Blankets	Walk	None
			Gı	rade 8 Activities			
Industrial Arts, CTS, Electrical Program	Medicine Hat College, Dunmore Dugout, Panorama, YMCA, FLC	Ongoing	Option – Gr 8	Traffic/pedestrian accident, cuts, scrapes, loss of finger, eye injury, shock, burns, sprains, broken bones, concussions, insect/snake bites, lightning strike, dehydration, sun burn, heat stroke, slip on wet surface, drowning	Appropriate dress	Bus transportation	None
Grocery Store Tour	Medicine Hat Mall Safeway	1 time per option rotation	Food security	Adduction, trip or fall, traffic/ pedestrian accidents	None	Bus transportation	None
Dinner and Movie	Medicine Hat Mall and Cineplex	Year End	Reward	Traffic/pedestrian accident, trip, fall, food poisoning, choking, lost in mall, abduction	None	Bus transportation	Minimal cost to cover expenses
Cosmetology – Fresh	Fresh – Medicine Hat (13 <sup>th</sup> Ave)	3 trips	Option – Gr 8	Choking, food poisoning, trip, fall, traffic/pedestrian accident	None	Walking	Minimal cost to cover lunch
Cosmetology – Yoga	Yoga/Reg's Meats Southridge Area	Ongoing Semester	Option – 8 Physical Education, healthy Eating	Trip, falls, traffic/pedestrian accidents, muscle strain, choking	None – P.E. clothing	Walking	Money for lunch and to cover the cost for activity
Snow shoveling	Southridge area (community)	November to February	Service project	Trip, fall, sprains, broken bones, frost bite, pedestrian accident, slipping	Winter dress (gloves, head gear)	Walking	None
		-	Gı	ade 9 Activities			
Foods/Grocery Shopping	Safeway	Once per trimester	Option – 9 Food planning, meal planning	Trip, fall, traffic/pedestrian accidents with travel	None	Bus transportation	None
Industrial Arts (CTS), Electrical Program	Medicine Hat College, Dunmore Dugout, Panorama, YMCA, FLC	Ongoing	Option – Gr 9	Traffic/pedestrian accident, cuts, scrapes, loss of finger, eye injury, shock, burns, sprains, broken bones, concussions, insect/snake bites, lightning strike, dehydration, sun burn, heat stroke, slip on wet surface, drowning	Appropriate dress	Bus transportation	None

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Rec Ed Option – Tennis, Bowling, Snowshoeing, Horseshoes, Fishing, Pickleball, Racquet Ball	Police Point Park, Southridge pit, MH College, Kin Coulee, Ross Glen Courts, YMCA, Panorama Lanes	Dates – TBA	Option Program	Trip, fall, sprains, broken bones, burns, scrapes, cuts, slipping, concussion, traffic/ pedestrian accidents, risks associated with swimming	None	Walking or Bus Transportation	None		
Grocery Store Tour	Medicine Hat Mall Safeway	1 per option rotation	Food security	Adduction, trip or fall, traffic/pedestrian accidents	None	Bus transportation	None		
MH College Career Fair	Medicine Hat College	1 time per year	Future planning, high school course planning	Trip, fall, traffic/pedestrian accidents	None	Bus transportation	None		
PARTY Program	Medicine Hat Hospital	Each class, once per year		Trip, fall, traffic/pedestrian accidents	Bagged lunch	Bus transportation	None		
Cosmetology	Fresh/Winners	Ongoing (1 time per semester)	Option - Cosmetology 9	Trip, fall, slipping, traffic/ pedestrian incident, choking	Money for lunch	Walking	Money for student lunch		
МсСоу	Cosmetology/orientation	Ongoing	Orientation/ Cosmetology	Trip, fall, traffic/pedestrian accidents	None	Bus transportation	None		
Gr 9 Service Project	St. Patrick's School	Dates – TBA	Religion	Trip, fall, traffic/pedestrian accidents	None	Walking	None		
Snow shoveling	Southridge area (community)	November to February	Service project	Trip, fall, sprains, broken bones, frost bite, pedestrian accident, slipping	Winter dress (gloves, head gear)	Walking	None		
Field Trip Consent for Sports Academy Programming									
Indoor Soccer	FLC, Field House , Moose Arena, Hockey Hounds	TBA (Students will be notified ahead of time)	Training & Physical Education	Sprained/broken ankle, knee, wrist or fingers. Concussion, rug burn.	CLEAN indoor shoes or indoor cleats	Bus Transportation	None		
Swimming	City Pool Facilities	TBA (Students will be notified ahead of time)	Alternate activity (Physical Education)	Slip on deck or drown. Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	Swim wear, towel, A quarter for a locker if desired	Bus Transportation	None		
Bowling	Panorama Bowling Alley	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken toe, foot, ankle, knee, wrist, fingers or shoulder. Concussion, slip on lane.	None	Bus Transportation	None		
Dance	Southridge YMCA Gym and/or NDA Gym	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	None	None	None		
Nutritionist	Foods Study Lab	TBA (Students will be notified ahead of time)	Alternate Activity (Health)	Food allergy, cut fingers/hand.	None	None	None		
Karate	Karate Do Academy	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	None	Bus Transportation	None		
Fitness Training	Medicine Hat College/Family Leisure Centre and/or NDA Fitness Centre, Temple Fitness, HIIT, 403 Fitness, Back Alley Fitness, Badlands Training Centre	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	Possible sun screen, proper footwear, water bottle	Bus Transportation	None		
Wall Climbing/Spin Class/Racquet Ball/Wallyball	Medicine Hat YMCA, Kollectiv Cycle, Badlands Training	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	Proper footwear, water bottle	Bus Transportation	None		
Tennis and Soccer Tennis	Southridge Tennis Courts/Medicine Hat Tennis Club	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	None	Walking or Bus Transportation	None		
Floor Ball	Hockey Hounds or Moose Arena	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	None	Bus Transportation	None		
Golf	Cottonwood GC, Paradise Valley	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprains, broken bones, concussions, insect/snake bites, drowning, lightning strike, dehydration, sun burn, heat stroke	Sunscreen, bug spray, hat, water bottle	Bus Transportation	Academy Instructors		
Curling	Medicine Hat Curling Club, Redcliff Curling Club	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education	Sprains, strains, broken bones, concussions, contusions, lacerations	Inside shoes, warm clothing	Bus Transportation	Academy Instructors		

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Batting Cages and Mini Golf	Dunmore Dugouts	TBA (Students will be notified ahead of time)	Training and Alternate Activity	Sprains, broken bones, concussions, insect/snake bites, lightning strike, dehydration, sun burn, heat stroke	Sunscreen, bug spray, hat, water bottle	Bus Transportation	Academy Instructors
Ball Hockey & Lacrosse	Kinplex 1 and 2	TBA (Students will be notified ahead of time)	Training and Alternate Activity	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion.	None	Bus Transportation	None
Cycling	Strathcona, Kin Coulee	TBA (Students will be notified ahead of time)	Training and Alternate Activity	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion, car accident, lightning strike.	None	Bus Transportation	None
Indoor Golf and PE games	Field House / NDA Gym	TBA (Students will be notified ahead of time)	Training & Physical Education	Sprained/broken ankle, knee, wrist or fingers. Concussion, rug burn.	CLEAN indoor shoes	Bus Transportation	None
Public Skating	TBD (FLC, Moose, Kinplex)	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. Scrapes/cuts	Skates	Bus Transportation	None
Cross Country Skiing/ Snowshoeing	Police Point Park	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion. Scrapes/cuts	Winter Outerwear	Bus Transportation	None
Sledge Hockey	TBD (FLC, Moose, Kinplex)	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken ankle, knee, wrist, fingers or shoulder. Concussion, scrapes/cuts	Helmet and skates	Bus transportation	None
Wheelchair Basketball	NDA Gym or YMCA	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprains, broken bones, contusions, lacerations, concussions	None	None	None
BMX	MH BMX Track	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken bones, concussion, scrapes/cuts	Long sleeves and pants	Bus transportation	None
Cardio Drumming	Wellness Solutions	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken bones, concussion, scrapes/cuts	None	Bus transportation	None
Pickleball	Strathcona Tennis Courts	TBA (Students will be notified ahead of time)	Alternate Activity (Physical Education)	Sprained/broken bones, concussion, scrapes/cuts	Sunscreen, bug spray, hat, water bottle	Bus transportation or cycling	None
Amateur/ Professional Sporting event	MH City Facility/TBD	TBA (Students will be notified ahead of time)	Alternate Activity	Trip, fall, concussion, sprains, broken bones, bodily harm, traffic/pedestrian accidents, abduction.	None	None	None
Baseball/Softball Skills	Fieldhouse, Swanny's Baseball & Training Facility, Community baseball fields	TBA (Students will be notified ahead of time)	Training & Physical Education	Sprains, strains, broken bones, contusions, lacerations, abrasions, concussions	water bottle proper footwear	Bus Transportation	None

## The School will make every reasonable effort to ensure or ascertain that:

- 1. The staff, volunteers and/or service provided involved are suitably trained and qualified.
- 2. The students are adequately supervised over all aspects of the program activity.
- 3. The location(s) used are appropriate and safe for the activity(ies) and group.
- 4. Equipment used has been inspected and deemed appropriate and safe.
- 5. A Safety Plan is in place to identify and manage known potential risks.

## CONSENT AND ACKNOWLEDGEMENT OF RISK

## Destination/Activity/Program Date(s):

- 1. I accept the mode of transportation for this activity.
- 2. I acknowledge my right to obtain as much information as I require about this program or activity and associated risks and hazards, including information beyond that provided to me by the school or board.
- 3. I freely and voluntarily assume the risks/hazards inherent in the program/activity and understand and acknowledge that my child may suffer personal and potentially serious injury arising from his/her participation.
- 4. My child has been informed they abide by the rules and regulations, including directions and instructions from the school's and/or service provider's administrators, instructors, and supervisors over all phases of the program/activity.
- 5. In the event my child fails to abide by these rules and regulations, disciplinary action may require my child's exclusion from further participation, or that I be contacted to have my child picked up, unless I have specified other transport arrangements.
- 6. I acknowledge that it is my responsibility to advise the Lead Teacher of any medical and/or health concerns of my child that may affect their participation in the stated program or activity.
- 7. I acknowledge that the trip supervisors may secure transport to emergency medical services