## PARENTING IS PREVENTION

Sponsored by The Medicine Hat Drug Coalition

## October 21, 28 & November 4, 2019 6:30pm - 8:30pm at Addiction & Mental Health (Provincial Building - Room 1)

This 3 session evening workshop helps parents & caregivers understand their important role in preventing drug/alcohol use among children and youth aged 8-18. Parents/ Caregivers will learn: practical ways to communicate well with their child/youth, most commonly-used drugs among youth, risk/protective factors, the influence of their peers, and will have the opportunity to share information and ideas with other parents. Refreshments and snacks will be provided. Space is limited.

For more information please contact Leah or Taneil at (403) 529-3582. Please register at https://www.eventbrite.ca/e/parenting-is-prevention-tickets-74876817577









