

# STAY in the GAME

Pro athletes have a team doctor —  
*SO CAN YOU.* Visit your OIS doctor  
for minor injuries.

Here's your game plan...

① NOTIFY your supervisor.

② REPORT that you're an  
OIS client at the clinic.

③ ASSESS your injury.  
Get checked out by a doctor.

④ DEVELOP RETURN-TO-WORK  
PLAN with your OIS doctor and  
employer.

⑤ DISCUSS MODIFIED WORK  
options so you can get back to work  
safely and quickly.



The Occupational Injury Service (OIS) is designed to  
get you quick access to expert medical services and get  
you back to work safely.



Workers'  
Compensation  
Board

Alberta