



Alberta Education



## MHCBE - Nutrition Program Update Oct 2017

### **Where is the program offered now? How is the program funded? What about future programs?**

The Medicine Hat Catholic Board of Education is committed within the limits of its resources, to support the creation of school environments that promote wellness and facilitate healthy lifestyle choices for staff and students.

As you may be aware St. Louis School & Mother Teresa School are both participating in the AB Education Nutrition Program for the current school year. The schools both have developed partnerships and have appropriate kitchen facilities to implement the program which includes breakfast at Mother Teresa and lunch at St. Louis.

14 school boards across Alberta participated in the Nutrition pilot program for the 2016/17 school year, each receiving \$250,000 in grant funding from Alberta Education. Those boards continued to receive \$250,000 for the 2017/18 school year, while the remaining 46 school authorities, including MH Catholic, each received \$141,000 in grant funding to implement the program.

In order to participate in the school nutrition program for the 2017/18 school year, school authorities were required to submit a detailed project proposal and financial plan.

Funds were provided to establish or enhance existing nutrition programs and targeted for the provision of nutritional meals, including costs associated with ordering, preparation and delivery.

### **Alberta Education Requirements of the School Nutrition Program:**

- Choose a K-6 school within your authority that would benefit from the SNP.
- Enhance an already existing program or start a new program.
- The program offering must be one full meal (breakfast or lunch) that aligns with the Alberta Nutritional Guidelines for Children and Youth (ANGCY).
- The meal must be universally available to all students in the selected K-6 school. The program is not available beyond grade 6.
- Support more than one school if the budget allows.
- Grant money is to be used for the preparation, delivery and storage of food.

It is our hope that the **Alberta Education Nutrition Program** will be expanded to benefit additional schools next year.

Joe Colistro, Superintendent of Schools

**Medicine Hat Catholic Board of Education**

*Healthy eating promoting wellness*