Your Employee and Family Assistance Program (EFAP) includes:

Legal Advisory Services



Are you feeling a little bewildered and overwhelmed when it comes to sorting out legal matters, or finding an affordable and helpful lawyer? Our Legal Advisory service provides easy and convenient access to a network of experienced lawyers.

Manage your legal affairs with confidence!

- **Going through a separation?** We can help you work out child custody and visitation rights.
- Want to take someone to small claims court? We can help you receive legal advice first.
- Avoiding writing your will? We can help you so you can relax knowing your affairs are in order should the unexpected happen.
- Wondering what your rights are in a landlord-tenant dispute? Whether you are the tenant or the landlord, a legal opinion can be very helpful.

One call is all it takes to get started.

Life Smart Coaching empowers you with the information and support you need to help you deal with your legal affairs. We make it simple to get started and guide you step-bystep. When you call our Client Services Centre, here's what you can expect:

- 1. We ask a few specific questions to make sure you receive the customized service that will be most helpful.
- 2. We arrange for a lawyer to call you to discuss your legal situation.
- 3. A lawyer will provide advice over the phone, and will ensure your specific needs are met.
- 4. This service does not include legal representation or the preparation of legal documents. If you require an attorney to represent you, a referral can be made to someone in your area. Legal Advisory provides a preferential rate on most services of up to 25% off the quoted legal fees.

Life Smart Coaching services are offered over the telephone. If you ever feel uncertain or overwhelmed, about any issue, we can also arrange counselling. Counselling services can be offered face-to-face, over the phone, through video, or online.



Life Smart Coaching can help answer all your legal questions.

